

RINITYN TABLET

Loratadine tablet 10 mg

What is in this leaflet?

1. What Rinityn is used for
2. How Rinityn works
3. Before you use Rinityn
4. How to take Rinityn
5. While you are using Rinityn
6. Side effects
7. After using Rinityn
8. Product description
9. Manufacturer
10. Date of revision

What Rinityn is used for

Rinityn Tablet is effective in relieving symptoms associated with allergic rhinitis, such as sneezing, runny or itchy nose, and burning or itchy eyes.

The tablet may also be used to help relieve symptoms of urticaria (itching and redness) which is often known as hives. It is also used for relief of symptoms and signs of other allergic skin conditions.

Relief of these symptoms lasts a full day and helps you to resume your normal daily activities and sleep.

How Rinityn works

This medicine belongs to a group of medicines known as antihistamines. Antihistamines help to reduce allergic symptoms by preventing the effects of a substance called histamine, which is produced in the body.

Histamine is produced in response to foreign substances that the body is allergic to.

Before you use Rinityn

When you must not take it

Do not take this medicine if:

- If you are allergic (hypersensitive) to loratadine or any of its other ingredients
- If you are pregnant or breastfeeding

Important information about the ingredients of Rinityn Tablets

These tablets contain lactose. If you have intolerance to some sugars, please inform your pharmacist or doctor before taking this medicine.

Before you start to take it

Tell your doctor if:

- If you have liver disease
- If you have a blockage in the bladder neck
- If you have prostate problems
- If you have difficulty or unable to pass urine
- If you have glaucoma (high pressure in the eye).

Taking other medicines

Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

Some medicines interfere with Loratadine.

They include:

- Ketoconazole
- Erythromycin
- Cimetidine

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

How to take Rinityn

How much to take

Adult & Adolescent:

Take 1 tablet, once daily

Elderly:

Take 1 tablet, once daily

If you have severe liver problems your doctor or pharmacists may advise you to

take one tablet once every other day with a glass of water.

When to take it

Take Rinityn tablet 10 mg with or without a meal.

The tablets have not been shown to add to the effects of an alcoholic drink.

How long to take it

You are advised to take it as long as your doctor tells you to.

Pregnancy and breast-feeding

If you are pregnant, taking Rinityn Tablet is not recommended.

If you are breast-feeding, taking Rinityn Tablet is not recommended. Loratadine is excreted in breast milk.

Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

At the recommended dose, Rinityn Tablets are not expected to cause you to feel drowsy or less alert. However, very rarely some people experience drowsiness, which may affect their ability to drive or use machinery.

If you forget to take it

Do not take double dose to make up for a forgotten dose.

If you forget to take your dose, take it as soon as you remember. Skip the missed dose if it is almost time for your next dose.

If you take too much (overdose)

Contact your doctor immediately as soon as you realise you have taken too much.

You may experience the following if you take more than you should:

- drowsiness
- headache
- irregular or rapid heartbeat

While you are using Rinityn

Things you must not do

Do not:

- give this medicine to anyone else, even if their symptoms seem similar to yours
- take your medicine to treat any other complaints unless you are told by your doctor or pharmacist
- stop taking the medicine or change the dosage on your own before asking your doctor

Side effects

All medicines can cause unwanted side effects. These effects can be serious but most of the time, they are mild and temporary.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

Possible side effects:

- Headache
- Nervousness
- Drowsiness
- Increased appetite
- Difficulty sleeping

Uncommon side effects:

- Severe allergic reaction
- Dizziness
- Irregular or rapid heartbeat
- Dry mouth
- Upset stomach
- Hair loss
- Rash
- Tiredness
- Nausea
- Liver problems

Other unwanted side effects not listed may occur. Tell your doctor immediately.

After using Rinityn

Storage

Keep out of reach of children. Protect from moisture.

Store below 30°C.

Do not use Rinityn Tablets after the expiry date which is stated on the pack.

The expiry date refers to the last day of the month.

Do not use this medicine if you notice any change in the appearance of the tablet.

Disposal

No specific instructions. Please ask your pharmacist how to dispose unused medicines properly.

Product description

What it looks like?

Rinityn Tablet is white, oblong uncoated tablet, swallow convex faces with scored on one face and “H 10” embossed on the same face.

Ingredients

Active ingredients

Each Tablet contains loratadine 10 mg

Inactive ingredients

- Lactose monohydrate
- Cornstarch
- Polyvinylpyrrolidone
- Sodium starch glycolate
- Magnesium stearate
- Colloidal Silicon Dioxide

SIN Registration Number: SIN 12067P

Manufactured by:

HOVID Berhad

Lot 56442, 7½ Miles, Jalan Ipoh/Chemor, 31200 Chemor, Perak, Malaysia.

Date of revision

22 Feb 2018